

PART I. PHONETICS (1.0 point)

Part 1. Choose the word A, B, C, or D whose underlined part is pronounced differently from that of the rest of the following questions (0.5 pts)

- | | | | |
|---------------|-------------|----------------|-----------------|
| 1. A. brushed | B. turned | C. disappeared | D. believed |
| 2. A. arrives | B. bottles | C. churches | D. countries |
| 3. A. fashion | B. occasion | C. national | D. language |
| 4. A. pathway | B. theater | C. without | D. thicken |
| 5. A. pretty | B. because | C. between | D. presentation |

Part 2. Choose the word A, B, C, or D whose main stress pattern is different from that of the rest in each of the following questions. (0.5 pts)

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|------------------|--------------|--------------|---------------|
| 6. A. destroy | B. appear | C. happen | D. provide |
| 7. A. rhino | B. effect | C. shadow | D. lifelong |
| 8. A. musician | B. develop | C. romantic | D. functional |
| 9. A. quality | B. important | C. attention | D. terrific |
| 10. A. expertise | B. recipe | C. cinema | D. similar |

PART II. VOCABULARY & GRAMMAR (3.2 points)

Part 3. Choose the word or phrase A, B, C, or D that best completes each of the following sentences. (1.8 pts)

11. My sister _____ for this international organization since she moved to this city.
A. has worked B. is working C. worked D. had worked
12. They have saved much money, so they _____ a new house in the center of Hanoi city.
A. will buy B. will have bought C. had bought D. are going to buy
13. _____ more carefully, he would not have had the accident yesterday.
A. If Peter drove B. Had Peter driven
C. Only if Peter could drive D. Unless Peter had driven
14. The teacher asked Nam and Ba _____ while their friends were playing football.
A. what they did B. what they were doing
C. what they had done D. what were they doing
15. The boss _____ because he was always behind the deadlines.
A. threatened to dismiss him B. advised him to dismiss
C. accused him of dismissing D. congratulated him on dismissing
16. The doctor _____ I have had a check-up with couldn't find anything wrong with my lungs.
A. whom B. when C. which D. whose
17. Those _____ to join the students exchange program should have good knowledge of English.
A. are intending B. intended C. to intend D. intending
18. Clearing forests for timber has resulted _____ the loss of biodiversity.

- A. with B. from C. in D. for
19. His letter is full of mistakes. He _____ the mistakes carefully before sending it.
A. must have checked B. should have checked
C. could have checked D. can have checked
20. John had kept his marriage a secret for years, but eventually the truth _____.
A. came out B. came through C. went out D. turned out
21. Unfortunately, I've _____ a cold, so I won't be able to attend the party tonight.
A. come up with B. cut down on C. come down with D. run out of
22. The actor was so nervous that he could only remember small _____ of dialogue.
A. shreds B. pieces C. patches D. snatches
23. Employees who have a _____ are encouraged to discuss with the management.
A. hindrance B. disturbance C. disadvantage D. grievance
24. If we want a good flat in New York, we have to pay through the _____ for it.
A. head B. hand C. nose D. teeth
25. Some people like nothing better than to paint the town _____ at every opportunity, but I prefer to stay at home and watch cartoons.
A. blue B. black C. pink D. red
26. I will never forget _____ to the Royal Garden Party, where superb cuisines were served amid luxurious surroundings.
A. inviting B. to invite C. to be invited D. being invited
27. It is true that everyone wants to make friends with John. He is _____ honest person.
A. a B. an C. the D. this
28. Energy produced from fossil fuels can make our environment polluted, _____ the government encourages people to use energy generated from natural resources.
A. because B. but C. however D. so

Part 4. Give the correct form of the word in brackets to complete each of the following sentences. (1.0 pt)

29. In nursing, women tend to (NUMBER) _____ men by four to one.
30. The (ECONOMY) _____ use of any fuel will your money.
31. He was kept in the hospital overnight as a (PRECAUTION) _____ measure.
32. We were amazed at the (COMPARE) _____ hospitality of the staff working in this hotel.
33. He is the bad manager in the factory, and everyone is in attempt to (FAME) _____ him.
34. You can always rely on Barbara, who is very (DEPEND) _____.
35. We watch the news every day because it's very (INFORM) _____.
36. Many foreigners find that a holiday in Vietnam can be (SURPRISE) _____ cheap.
37. I am thankful to my teacher whose (COURAGE) _____ helps me to study better.
38. Many chemicals have a (DISASTER) _____ effect on the environment.

Part 5. Mark the letter A, B, C, or D on your answer sheet to indicate the underlined part that needs correction in each of the following questions. (0.4 pts)

39. The company is planning to carry on a survey to gather feedback from customers about their satisfaction with the product.
A. The B. carry on C. about D. with
40. All the candidates for the scholarship will be equally regardless to their sex, or age.
A. for B. equally C. to D. or
41. The interrogation, conducted by the police officers, have lasted for several hours.

A. interrogation B. conducted C. officers D. have

42. The teacher changed the wording of the text to make it more comprehensive.

A. changed B. wording C. to make D. comprehensive

PART III. READING (3.0 points)

Part 6. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 43 to 52. (1.0 pt)

Living a healthy lifestyle is essential not only for maintaining physical well-being (43) _____. People who eat balanced meals, exercise regularly, and sleep adequately (44) _____. While genetics can influence our health, the choices we make each day play a far more significant role.

A person who maintains a healthy routine is often more energetic, productive and emotionally stable. For instance, consuming nutritious foods provides the body with the fuel it needs to function efficiently, (45) _____ as well as reduce stress levels. Moreover, those (46) _____ are less likely to suffer from chronic diseases.

In order to lead a healthier life, it's important to build good habits, which include getting enough rest, drinking plenty of water, and finding time to relax. People adopt healthy habits (47) _____ and enjoy a better quality of life. Although it may seem difficult at first, (48) _____.

There are many reasons why individuals choose to change their lifestyle. Some do it (49) _____ that forces them to take actions while others want to feel more confident (50) _____. Whatever the reason, (51) _____ when necessary and avoid falling back into old habits.

Ultimately, living healthily requires determination, commitment, and self-discipline. It involves caring for both your physical and mental well-being, (52) _____, and surrounding yourself with supportive individuals. When we treat our bodies with respect and make thoughtful choices, we give ourselves the best chance to thrive.

(Adapted from <https://www.blog/importance-of-living-a-healthy-lifestyle>)

43.

A. but develops mental state at all B. but also raises emotional control
C. but it doesn't help mental development D. but also for improving mental health

44.

A. will not have chances to get healthier over time
B. are more likely to enjoy a longer, more fulfilling life
C. likely gain energy and increase body shapes
D. tend to detest longer and more rewarding years

45.

A. and although lifting emotions and energy
B. then boosting morale and physical health
C. while engaging in physical activity can boost mood
D. when increase happiness as well as health

46.

A. which are cutting off processed foods and avoiding low-sugar diets
B. that avoid unhealthy eating habits and consume sweetened drinks
C. who increase sugary items in their meals and eat processed meats
D. who cut down on processed food and stay away from sugary drinks

47.

A. in order that they improve their daily lifestyle and social interaction,

- B. so that they will increase the risk of illness and increase longevity,
- C. so that they can prevent illness, increase longevity,
- D. in order that they may not stay active, healthy, and maintain balance,

48.

- A. taking small effort consistently can truly result in a big difference
- B. a little decision made today will eventually make a great result
- C. starting sooner than later is often considered a huge step
- D. making small changes over time can have a big impact

49.

- A. because of a medical condition
- B. despite chronic symptoms
- C. since a sudden injury came
- D. thanks to a medical advice

50.

- A. or become a negative influence on their children
- B. or encourage healthy habits in their children
- C. or fail to be a role model for their children
- D. or set a good example for their children

51.

- A. it is helpful to imagine healthy ideas and break usual habits
- B. it is necessary to prepare a plan and wait without guidance
- C. it is recommended to accept changes slowly and avoid expert support
- D. it is crucial to stick to a plan, seek professional advice

52.

- A. staying away from harmful influences
- B. stay away from harmful influences
- C. to stay away from harmful influences
- D. stays away from harmful influences

Part 7. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 53 to 62. (1.0 pt)

Recent research has (53) _____ that a third of people in Britain have not met their next-door neighbors, and those who know each other (54) _____ speak. Neighbors gossiping over garden fences and in the street was a common (55) _____ in the 1950s, says Dr Carl Chinn, an expert on local communities. Now, (56) _____, longer hours spent working at the office, together with the Internet and satellite television, are eroding neighborhood (57) _____. "Poor neighborhoods once had strong kinship, but now prosperity buys privacy," said Dr. Carl.

Professor John Locke, a social scientist at Cambridge University, has analyzed a large number of surveys. He found that in America and Britain the amount of time spent in social activity is decreasing. A third of people said they never spoke to their neighbors at all. Andrew Mayer, a strategy consultant, rents a large apartment in West London, with two flat mates, (58) _____ work in e-commerce. "We have a family of teachers upstairs and lawyers below, but our contact comes (59) _____ letters relating to the communal facilities or complaints that we've not put out our bin bags properly," said Mayer.

The (60) _____ of communities can have serious effects. Concerned at the rise in burglaries and acts of vandalism, the police have relaunched crime prevention (61) _____ such as Neighborhood Watch, (62) _____ on people who live in the same are to keep an eye on each others' houses and report everything they see which is unusual.

(Adapted from *TOEFL Success*)

- 53. A. revealed B. conducted C. displayed D. exhibited
- 54. A. virtually B. roughly C. nearly D. barely

- | | | | |
|------------------|-----------------|----------------|--------------|
| 55. A. outlook | B. view | C. sight | D. vision |
| 56. A. therefore | B. however | C. in addition | D. moreover |
| 57. A. strings | B. joints | C. ties | D. laces |
| 58. A. that | B. whose | C. which | D. who |
| 59. A. from | B. via | C. in | D. on |
| 60. A. breakout | B. breakthrough | C. breakaway | D. breakdown |
| 61. A. assaults | B. ideas | C. shemes | D. raids |
| 62. A. asking | B. calling | C. inviting | D. trying |

Part 8. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 63 to 72. (1.0 pt)

New research suggests that volunteers aren't just helping the communities they serve. People who volunteer actually experience a **boost** in their mental health—good news at a time when more than a third of Americans are experiencing symptoms of anxiety or depression.

In a study published this year in the Journal of Happiness Studies, researchers examined data from nearly 70,000 research participants in the United Kingdom, who received surveys about their volunteering habits and their mental health, including their distress and functioning in everyday life, every two years from 1996 to 2014.

Compared to people who didn't volunteer, people who had volunteered in the past year were more **satisfied** with their lives and rated their overall health as better. Additionally, the researchers found that people who volunteered more frequently experienced greater benefits: Those who volunteered at least once a month reported better mental health than participants who volunteered infrequently or not at all.

But does volunteering make people happy, or are happy people simply more likely to volunteer? The researchers found the same results even when **they** accounted for participants' initial levels of well-being before they started volunteering. In other words, people who started to volunteer became happier over time.

Although it's true that people who are happier do tend to spend more time volunteering, the current study suggests that you don't need to already feel happy in order to benefit from it. In fact, some research suggests that people who start out with lower levels of well-being may even get a bigger boost from volunteering.

Why does volunteering support our mental health? According to Ricky Lawton, associate director at Simetrica Research Consultancy and lead author of the paper, a combination of factors is likely at play. First, volunteering appears to be intrinsically rewarding—when we help others, we tend to experience what researchers call a “warm glow.” Second, volunteering is likely to help boost our sense of social connection. In particular, for older adults, volunteering can be a way to stay connected to others after retirement.

Finally, volunteering can be a way to build professional skills and try out leadership opportunities, which is especially relevant to young adults. In the current study, the researchers found that participants ages 16-24 and 55-74 were especially likely to benefit from volunteering, perhaps because of the opportunity to build social connections and new skills.

(Adapted from https://greatergood.berkeley.edu/article/item/how_volunteering_can_help_your_mental_health)

63. Which of the following can be the best title for the passage?

- A. How Volunteering Helps Volunteers Themselves
- B. What is Volunteer Work?
- C. Volunteers in the USA
- D. Volunteers: Their Impact on Communities

64. The word **boost in paragraph 1 is CLOSEST in meaning to _____.**

- A. loss
- B. pain
- C. explanation
- D. improvement

65. What did the researchers find about the relationship between happiness and volunteering?

- A. Only happy people tend to volunteer. B. Volunteering has no impact on happiness.
 C. Volunteering makes people unhappy. D. Volunteering can increase happiness over time.
66. The word **they** in paragraph 4 refers to _____.
 A. people who did not volunteer B. people who volunteered
 C. researchers D. happy people
67. What is one reason why volunteering might support mental health, according to Ricky Lawton?
 A. Volunteers receive financial rewards.
 B. Volunteering helps people become famous.
 C. Volunteers experience a sense of responsibility.
 D. Volunteering helps volunteers come into contact with others.
68. What did the study find about people's initial well-being levels and volunteering?
 A. People with high well-being levels volunteer more.
 B. People with low well-being levels avoid volunteering.
 C. Volunteering only benefits those with high well-being.
 D. Volunteering can benefit people regardless of initial well-being.
69. Why might volunteering be relevant to young adults?
 A. To earn money B. To avoid social connections
 C. To spend more time at home D. To learn new skills
70. The word **satisfied** in paragraph 3 is OPPOSITE in meaning to _____.
 A. content B. pleased C. discontented D. fulfilled
71. According to the passage, which of the following statements is NOT true?
 A. Volunteering may improve the mental health of those who participate.
 B. The study involved a large number of participants in the United Kingdom.
 C. Participants in the study were surveyed annually about their volunteering habits.
 D. Volunteering can help older adults maintain social connections after retirement.
72. Which of the following can be inferred from the passage?
 A. People in the United Kingdom are more likely to volunteer than people in the United States.
 B. Feeling happy is a prerequisite for experiencing the benefits of volunteering.
 C. Volunteering can boost mental health by making people feel good and more connected.
 D. Younger adults tend to experience fewer benefits from volunteering compared to older adults.

PART IV. WRITING (2.8 points)

Part 9. Rewrite the sentences below in such a way that their meanings stay the same. You must use the words in capital without changing their forms. (0.8 pts)

73. The complicated instructions confused the students. (**IMPOSSIBLE**)
 → The complicated instructions _____ to understand.
74. The company faced significant losses because the market downturn was unexpected. (**DUE**)
 → Due _____ significant losses.
75. A short time after he was released from prison, they arrested him again. (**WHEN**)
 → Hardly _____ him again.
76. Do you ever regret not going to university? (**WISH**)
 → Do you _____ to university?
77. "I'm sorry. I didn't do the homework." Linh said to her teacher. (**APOLOGIZED**)
 → Linh _____ the homework.

78. The growth in the economy makes people's living condition better. (MORE)

→ The _____ living condition is.

79. The company will not tolerate any unethical behavior from its employees. (CIRCUMSTANCES)

→ Under _____ from its employees.

80. They think that he was born into a poor family in the countryside. (HAVE)

→ He _____ in the countryside.

Part 10. Write a paragraph (about 200 words) on the following topic. (2.0 pts)

More and more tourists are visiting natural wonders and historical places today. What are the advantages and disadvantages of this trend?

----- THE END -----